

# April 2023

# BREAKFAST

# Menu A

Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Frosted Flakes w/ Cinnamon Grahams	Apple Jacks w/ Honey Grahams <i>(w/ Pear on 4/25)</i>	Frosted Flakes w/ Cinnamon Grahams	Fruit Loops w/ Honey Grahams	Frosted Flakes w/ Cinnamon Grahams
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
Banana Muffin  <i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	Pancake Stack <i>Syrup</i>  <i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	Pan Dulce  <i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	Chicken Sausage Breakfast Sandwich  <i>Orange &amp; Pear (1/2 c)</i>	Cinnamon Delight  <i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
10	11	12	13	14
Mantecada  <i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	Breakfast Cheese Tamale  <i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	Apple Berry ZeeZee Bar  <i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	Mini Maple Waffles  <i>Orange &amp; Pear (1/2 c)</i>	Cranberry Oatmeal Round  <i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
17	18	19	20	21
Pan Dulce  <i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	Bean & Cheese Burrito <i>Hot Sauce</i>  <i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	Blueberry Muffin  <i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	Mini French Toast  <i>Orange &amp; Pear (1/2 c)</i>	Banana Bread  <i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
24	25	26	27	28
Bagel w/ Cream Cheese  <i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	Yogurt Parfait w/ Strawberries Honey Grahams  <i>Banana(1/2 c)</i>	Cinnamon Roll  <i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	Scrambled Egg Breakfast Sandwich  <i>Orange &amp; Pear (1/2 c)</i>	Blueberry Mini Muffin & String Cheese  <i>Pear (1/2 c) &amp; Apple (1/2 c)</i>



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# April 2023

# BREAKFAST

## Menu B

Monday	Tuesday	Wednesday	Thursday	Friday
<b>DAILY CEREAL OPTION</b>				
Frosted Flakes w/ Cinnamon Grahams	Apple Jacks w/ Honey Grahams	Frosted Flakes w/ Cinnamon Grahams <i>(w/ Apple on 4/26)</i>	Fruit Loops w/ Honey Grahams	Frosted Flakes w/ Cinnamon Grahams
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Banana Muffin</b>	<b>Pan Dulce</b>	<b>Pancake Stack</b> <i>Syrup</i>	<b>Cinnamon Delight</b>	<b>Chicken Sausage Breakfast Sandwich</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana (1/2 c) &amp; Pear (1/2c)</i>	<i>100% Fruit Juice (4 oz)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
10	11	12	13	14
<b>Mantecada</b>	<b>Apple Berry ZeeZee Bar</b>	<b>Breakfast Cheese Tamale</b>	<b>Cranberry Oatmeal Round</b>	<b>Mini Maple Waffles</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
17	18	19	20	21
<b>Pan Dulce</b>	<b>Blueberry Muffin</b>	<b>Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>	<b>Banana Bread</b>	<b>Mini French Toast</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
24	25	26	27	28
<b>Bagel w/ Cream Cheese</b>	<b>Cinnamon Roll</b>	<b>Yogurt Parfait w/ Strawberries Honey Grahams</b>	<b>Blueberry Mini Muffin &amp; String Cheese</b>	<b>Scrambled Egg Breakfast Sandwich</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>



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# April 2023

# BREAKFAST

## Cold Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Banana Muffin</b>	<b>Apple Jacks w/ Honey Grahams</b>	<b>Pan Dulce</b>	<b>Cinnamon Roll</b>	<b>Cinnamon Delight</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana (1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
10	11	12	13	14
<b>Mantecada</b>	<b>Pan Dulce</b>	<b>Apple Berry ZeeZee Bar</b>	<b>Fruit Loops w/ Honey Grahams</b>	<b>Cranberry Oatmeal Round</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
17	18	19	20	21
<b>Pan Dulce</b>	<b>Apple Jacks w/ Honey Grahams</b>	<b>Blueberry Muffin</b>	<b>Apple Berry ZeeZee Bar</b>	<b>Banana Bread</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c) &amp; Pear (1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>
24	25	26	27	28
<b>Bagel w/ Cream Cheese</b>	<b>Yogurt Parfait w/ Strawberries Honey Grahams</b>	<b>Cinnamon Roll</b>	<b>Fruit Loops w/ Honey Grahams</b>	<b>Blueberry Mini Muffin &amp; String Cheese</b>
<i>Orange (1/2 c) &amp; Apple (1/2 c)</i>	<i>Banana(1/2 c)</i>	<i>100% Fruit Juice (4 oz) &amp; Apple (1/2 c)</i>	<i>Orange &amp; Pear (1/2 c)</i>	<i>Pear (1/2 c) &amp; Apple (1/2 c)</i>



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April 2023



K-8 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEKLY 5 FAVE</b>				
<b>Cheeseburger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b>	<b>Beef Nachos</b> <i>Original Popped Chips</i>	<b>Chicken Tamale</b> <b>w/ Seasoned Corn</b>	<b>Deep Dish Cheese Pizza</b>
<b>SANDWICH OF THE DAY</b>				
<b>Turkey &amp; Cheese Torta</b> <i>Side of Baked Fries</i> <i>Ketchup</i>	<b>Turkey Breast Sandwich</b> <b>on Whole Grain Roll</b> <i>Mayonnaise</i> <i>Baby Carrots (1/2 c)</i>	<b>Smoked Turkey &amp; Cheese</b> <b>Sandwich on Knot Roll</b> <i>Garbanzo Bean &amp; Corn Salad</i>	<b>Italian Turkey Submarine</b> <i>Baby Carrots (1/2 c)</i>	<b>Turkey Breast Sandwich</b> <b>on Whole Grain Roll</b>
<b>Entrée Salad of the Day</b>				
		<b>Chicken Taco Salad</b> <b>Original Popped Chips</b> <i>Ranch Dressing</i>	<b>Tuna Salad</b> <b>Dinner Roll</b> <i>Ranch Dressing</i>	<b>Buffalo Chicken Salad</b> <b>Original Popped Chips</b> <i>Ranch Dressing</i>
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Hot Dog</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Alfredo Pasta</b> <b>w/ Steamed Broccoli</b>	<b>Chicken Fajitas</b> <b>w/ Refried Beans</b> <b>Vegetable Blend</b> <i>Whole Grain Tortillas</i>	<b>Chicken Teriyaki</b> <b>Not So Fried Rice</b>	<b>Hamburger</b> <i>Ketchup</i>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Celery Sticks (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Lettuce, Tomato, Pickle Kit (1 c)</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple Sauce (1/2 c)</i>	<i>Orange (1/2 c)</i>
10	11	12	13	14
<b>Cheeseburger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Chicken Enchiladas</b> <b>w/ Creamy Green Salsa</b>	<b>Turkey &amp; Bean Chili</b> <i>Corn Muffin</i>	<b>Chicken Nuggets</b> <b>w/ Mashed Potatoes</b>	<b>BBQ Beef Rib-A-Que</b>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Romaine Salad w/ Ranch Dressing</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Orange (1/2 c)</i>
17	18	19	20	21
<b>Chicken Patty Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Firecracker Chicken</b> <b>Yakisoba Noodles</b>	<b>Chicken Burrito Bowl</b> <b>w/ Pinto Beans &amp; Rice</b>	<b>Baked Ziti w/ Meat Sauce</b> <i>Whole Grain Chocolate Chip Cookie</i>	<b>Beef, Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Celery Sticks (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian (1 c)</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple Sauce (1/2 c)</i>	<i>Orange (1/2 c)</i>
24	25	26	27	28
<b>Grilled Chicken Sandwich</b> <b>Oven Baked Fries</b> <i>Honey Mustard</i>	<b>Penne &amp; Meatballs</b> <b>w/ Tomato Basil Sauce</b>	<b>Chicken Fajitas</b> <b>w/ Refried Beans</b> <b>Peppers &amp; Corn</b> <i>Whole Grain Tortillas</i>	<b>Breakfast for Lunch:</b> <b>Pancake, Turkey Sausage &amp;</b> <b>Seasoned Potatoes</b> <i>Syrup</i>	<b>Mac &amp; Cheese</b>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Romaine Salad w/ Ranch Dressing</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Orange (1/2 c)</i>



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April 2023



# Vegetarian K-8 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>SANDWICH OF THE DAY</b>				
<b>Double Cheese Torta</b> <i>Side of Baked Fries</i> <i>Ketchup</i>	<b>Double Cheese Sandwich</b> <i>Mayonnaise</i> <i>Baby Carrots (1/2 c)</i>	<b>Double Cheese Sandwich</b> <i>Garbanzo Bean &amp; Corn Salad</i>	<b>Double Cheese Sandwich</b> <i>Mayonnaise</i> <i>Baby Carrots (1/2 c)</i>	<b>Double Cheese Sandwich</b>
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Plant-Based Chicken Tenders</b> <b>Oven Baked Fries</b> <i>Dinner Roll</i> <i>Ketchup</i>	<b>Cheesy Penne Alfredo</b> <b>w/ Broccoli</b> <i>Dinner Roll</i>	<b>Plant-Based Chicken</b> <b>w/ Pinto Beans &amp; Rice</b>	<b>Cheese Tamale</b> <b>w/ Seasoned Corn</b>	<b>Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Celery Sticks (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Lettuce, Tomato, Pickle Kit (1 c)</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple Sauce (1/2 c)</i>	<i>Orange (1/2 c)</i>
10	11	12	13	14
<b>Vegetarian Burger</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Enchiladas</b> <b>w/ Creamy Green Salsa</b>	<b>Plant-Based Chicken</b> <b>w/ Pinto Beans &amp; Rice</b>	<b>Cheese Tamale</b> <b>w/ Seasoned Corn</b>	<b>Deep Dish Cheese Pizza</b>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Romaine Salad w/ Ranch Dressing</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Orange (1/2 c)</i>
17	18	19	20	21
<b>Cheese Melt</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b>	<b>Plant-Based Chicken</b> <b>Burrito Bowl</b>	<b>Cheesy Baked Ziti</b> <i>WG Chocolate Chip Cookie</i>	<b>Bean &amp; Cheese Burrito</b> <i>Hot Sauce</i>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Celery Sticks (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>House Salad w/ Italian (1 c)</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple Sauce (1/2 c)</i>	<i>Orange (1/2 c)</i>
24	25	26	27	28
<b>Cheese Melt</b> <b>Oven Baked Fries</b> <i>Ketchup</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b>	<b>Plant-Based Chicken Fajitas</b> <b>w/ Refried Beans &amp; Peppers</b> <i>Whole Grain Tortillas</i>	<b>Cheese Tamale</b> <b>w/ Seasoned Corn</b>	<b>Mac &amp; Cheese</b>
<i>Oven Baked Fries in Meal (3/4 c)</i>	<i>Baby Carrots (1/2 c)</i>	<i>Cucumber Slices w/Tajin (1/4 c)</i>	<i>Baby Carrots (1/4 c)</i>	<i>Romaine Salad w/ Ranch Dressing</i>
<i>100% Fruit Juice (4 oz)</i>	<i>Orange (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Orange (1/2 c)</i>



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April 2023



Field Trip K-12 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
Turkey & Cheese Torta Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Smoked Turkey & Cheese Sandwich on Knot Roll Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Italian Turkey Submarine Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)
10	11	12	13	14
Turkey & Cheese Torta Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Smoked Turkey & Cheese Sandwich on Knot Roll Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Italian Turkey Submarine Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)
17	18	19	20	21
Turkey & Cheese Torta Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Smoked Turkey & Cheese Sandwich on Knot Roll Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Italian Turkey Submarine Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)
24	25	26	27	28
Turkey & Cheese Torta Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Smoked Turkey & Cheese Sandwich on Knot Roll Mayonnaise Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Italian Turkey Submarine Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)	Turkey Breast Sandwich on Whole Grain Roll Veg: Double Cheese Sandwich Baby Carrots (1/2 c) Apple & Orange Fruitable Juice (4oz)



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April 2023

# SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>WG Cinnamon Crackers (1G)</b>	<b>WG Chex Mix (1G)</b>	<b>WG Churro Baked Chips (1G)</b>	<b>WG Apple Cinnamon Multi-Grain Bar (1G)</b>	<b>WG Rice Krispie Treat (1G)</b>
<i>Apple (3/4 c)</i>	<i>100% Fruit Juice (6 oz)</i>	<i>Orange (3/4 c)</i>	<i>Apple (3/4 c)</i>	<i>Pear (3/4 c)</i>
10	11	12	13	14
<b>WG Strawberry Multi-Grain Bar (1G)</b>	<b>WG Mini Vanilla Loaf (1G)</b>	<b>WG BBQ Baked Chips (1G)</b>	<b>WG Cheddar Crackers (1G)</b>	<b>WG Honey Crackers (1G)</b>
<i>Apple (3/4 c)</i>	<i>100% Fruit Juice (6 oz)</i>	<i>Orange (3/4 c)</i>	<i>Apple (3/4 c)</i>	<i>Pear (3/4 c)</i>
17	18	19	20	21
<b>WG Pretzels (1G)</b>	<b>WG Nacho Baked Chips (1G)</b>	<b>WG Mini Lemon Muffin (1G)</b>	<b>Sunflower Seeds (1 MA)</b>	<b>WG Cheddar Crackers (1G)</b>
<i>Apple (3/4 c)</i>	<i>100% Fruit Juice (6 oz)</i>	<i>Orange (3/4 c)</i>	<i>Apple (3/4 c)</i>	<i>Pear (3/4 c)</i>
24	25	26	27	28
<b>WG Cinnamon Crackers (1G)</b>	<b>WG Chex Mix (1G)</b>	<b>WG Churro Baked Chips (1G)</b>	<b>WG Apple Cinnamon Multi-Grain Bar (1G)</b>	<b>WG Rice Krispie Treat (1G)</b>
<i>Apple (3/4 c)</i>	<i>100% Fruit Juice (6 oz)</i>	<i>Orange (3/4 c)</i>	<i>Apple (3/4 c)</i>	<i>Pear (3/4 c)</i>



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# April 2023

# SUPPER

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Bean &amp; Cheese Burrito</b> (2 M/MA, 2 G) <b>Fruitable Juice</b> (4 oz, 1/2 c veg) <i>Hot Sauce</i>	<b>Italian Turkey Submarine</b> (2 M/MA, 2 G) <b>Baby Carrots</b> (1/2 c) <i>Mayonnaise</i>	<b>Chicken Enchiladas</b> (2M/MA, 2 G/B) <b>w/ Green Salsa</b> (1/2 c veg)	<b>WG Chicken Nuggets</b> (1G, 2M) <b>Mashed Potatoes</b> (1/2 c veg)	<b>Yogurt Parfait</b> (2 MA) <b>Mixed Berries</b> (1/4 c) <b>WG Honey Crackers</b> (1 G) <b>Fruitable Juice</b> (1/2 c Veg)
<i>Orange (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>100% Fruit Juice (1/2 c)</i>	<i>Berries in Parfait</i>
10	11	12	13	14
<b>Chicken Teriyaki</b> (2 M/MA) <b>Not So Fried Rice</b> (1 G, 1/2 c veg)	<b>Smoked Turkey &amp; Cheese Sandwich on Knot Roll</b> (2 M/MA, 2 G) <b>Baby Carrots</b> (1/2 c) <i>Mayonnaise</i>	<b>Hot Dog</b> (2M/MA) <b>WG Bun</b> (2 G/B) <b>Oven Baked Fries</b> (1/2 c veg) <i>Ketchup</i>	<b>Penne &amp; Meatballs</b> (2G, 2 M) <b>w/ Tomato Basil Sauce</b> (1/2 c veg)	<b>Protein Pack: String Cheese</b> (1MA) <b>Sunflower Seeds</b> (1MA) <b>WG Wheat Crackers</b> (1 G) <b>Baby Carrots</b> (1/2 c)
<i>Orange (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>100% Fruit Juice (1/2 c)</i>	<i>Apple (1/2 c)</i>
17	18	19	20	21
<b>WG Deep Dish Cheese Pizza</b> (2M/MA, 2 G) <b>Baby Carrots</b> (1/2 c)	<b>Italian Turkey Submarine</b> (2 M/MA, 2 G) <b>Baby Carrots</b> (1/2 c) <i>Mayonnaise</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b> (2 M/A, 1 G, 1/2 c veg)	<b>WG Chicken Patty Burger</b> (2M, 1 G) <b>WG Bun</b> (2 G/B) <b>Oven Baked Fries</b> (1/2 c veg) <i>Ketchup</i>	<b>Yogurt Parfait</b> (2 MA) <b>Mixed Berries</b> (1/4 c) <b>WG Honey Crackers</b> (1 G) <b>Fruitable Juice</b> (1/2 c Veg)
<i>Orange (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>100% Fruit Juice (1/2 c)</i>	<i>Berries in Parfait</i>
24	25	26	27	28
<b>Chicken Tamale</b> (2M/MA, 2 G/B) <b>w/ Seasoned Corn</b> (1/2 c veg)	<b>Smoked Turkey &amp; Cheese Sandwich on Knot Roll</b> (2 M/MA, 2 G) <b>Baby Carrots</b> (1/2 c) <i>Mayonnaise</i>	<b>WG Cheeseburger</b> (2M/MA) <b>WG Bun</b> (2 G/B) <b>Oven Baked Fries</b> (1/2 c veg) <i>Ketchup</i>	<b>Beef Nachos</b> (2M, 1/2 c veg) <b>Nacho Poptillas</b> (1 G)	<b>Protein Pack: String Cheese</b> (1MA) <b>Sunflower Seeds</b> (1MA) <b>WG Wheat Crackers</b> (1 G) <b>Baby Carrots</b> (1/2 c)
<i>Orange (1/2 c)</i>	<i>Apple (1/2 c)</i>	<i>Banana (1/2 c)</i>	<i>100% Fruit Juice (1/2 c)</i>	<i>Apple (1/2 c)</i>



All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**



# April 2023

# SUPPER

## Vegetarian Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Bean &amp; Cheese Burrito</b> (2 M/MA, 2 G) <b>Fruitable Juice (4 oz, 1/2 c veg)</b> <i>Hot Sauce</i>  <i>Orange (1/2 c)</i>	<b>Double Cheese Sandwich</b> (2 M/MA) <b>WG Bun (2 G/B)</b> <b>Baby Carrots (1/2)</b> <i>Mayonnaise</i>  <i>Apple (1/2 c)</i>	<b>Cheese Enchiladas</b> (2M/MA, 2 G/B) <b>w/ Green Salsa (1/2 c veg)</b>  <i>Banana (1/2 c)</i>	<b>WG Plant-Based Chicken Tenders (2 MA)</b> <b>Mashed Potatoes (1/2 c veg)</b> <b>Honey Crackers (1 G/B)</b>  <i>100% Fruit Juice (1/2 c)</i>	<b>Yogurt Parfait (2 MA)</b> <b>Mixed Berries (1/4 c)</b> <b>WG Honey Crackers (1 G)</b> <b>Fruitable Juice (1/2 c Veg)</b>  <i>Berries in Parfait</i>
10	11	12	13	14
<b>Cheese Tamale (2 MA, 2 G)</b> <b>w/ Seasoned Corn (1/2 c veg)</b>  <i>Orange (1/2 c)</i>	<b>Double Cheese Sandwich</b> (2 M/MA) <b>WG Bun (2 G/B)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i>  <i>Apple (1/2 c)</i>	<b>Cheese Melt (2 MA)</b> <b>WG Hamburger Bun (2 G/B)</b> <b>Oven Baked Fries (1/2 c veg)</b> <i>Ketchup</i>  <i>Banana (1/2 c)</i>	<b>Cheesy Penne (2G, 2 MA)</b> <b>w/ Tomato Basil Sauce (1/2 c veg)</b>  <i>100% Fruit Juice (1/2 c)</i>	<b>Protein Pack: String Cheese (1MA)</b> <b>Sunflower Seeds (1MA)</b> <b>WG Wheat Crackers (1 G)</b> <b>Baby Carrots (1/2 c)</b>  <i>Apple (1/2 c)</i>
17	18	19	20	21
<b>WG Deep Dish Cheese Pizza</b> (2M/MA, 2 G) <b>Baby Carrots (1/2 c)</b>  <i>Orange (1/2 c)</i>	<b>Double Cheese Sandwich</b> (2 M/MA) <b>WG Bun (2 B/G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i>  <i>Apple (1/2 c)</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b> (2 M/A, 1 G, 1/2 c veg)  <i>Banana (1/2 c)</i>	<b>Cheese Melt (2 MA)</b> <b>WG Hamburger Bun (2 G/B)</b> <b>Oven Baked Fries (1/2 c veg)</b> <i>Ketchup</i>  <i>100% Fruit Juice (1/2 c)</i>	<b>Yogurt Parfait (2 MA)</b> <b>Mixed Berries (1/4 c)</b> <b>WG Honey Crackers (1 G)</b> <b>Fruitable Juice (1/2 c Veg)</b>  <i>Berries in Parfait</i>
24	25	26	27	28
<b>Cheese Tamale (2 MA, 2 G)</b> <b>w/ Seasoned Corn (1/2 c veg)</b>  <i>Orange (1/2 c)</i>	<b>Double Cheese Sandwich</b> (2 M/MA) <b>WG Bun (2 B/G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i>  <i>Apple (1/2 c)</i>	<b>Cheese Melt (2 MA)</b> <b>WG Hamburger Bun (2 G/B)</b> <b>Oven Baked Fries (1/2 c veg)</b> <i>Ketchup</i>  <i>Banana (1/2 c)</i>	<b>Cheese Lasagna</b> <b>w/ Tomato Basil Sauce</b> (2 M/A, 1 G, 1/2 c veg)  <i>100% Fruit Juice (1/2 c)</i>	<b>Protein Pack: String Cheese (1MA)</b> <b>Sunflower Seeds (1MA)</b> <b>WG Wheat Crackers (1 G)</b> <b>Baby Carrots (1/2 c)</b>  <i>Apple (1/2 c)</i>

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# April 2023

# SUPPER

# Cold Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>FEATURED ENTRÉE OF THE DAY</b>				
3	4	5	6	7
<b>Turkey &amp; Cheese Sandwich on WG Torta (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Orange (1/2 c)</i>	<b>Italian Turkey Submarine (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Apple (1/2 c)</i>	<b>Southwest Chicken Salad (2M/A, 1 c veg)</b> <b>BBQ Chips (1 MA)</b> <i>Ranch Dressing</i> <i>Banana (1/2 c)</i>	<b>Turkey Breast sandwich on WG Roll (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>100% Fruit Juice (1/2 c)</i>	<b>Yogurt Parfait (2 MA)</b> <b>Mixed Berries (1/4 c)</b> <b>WG Honey Crackers (1 G)</b> <b>Fruitable Juice (1/2 c Veg)</b> <i>Berries in Parfait</i>
10	11	12	13	14
<b>Turkey &amp; Cheese Sandwich on WG Torta (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Orange (1/2 c)</i>	<b>Smoked Turkey &amp; Cheese Sandwich on Knot Roll (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Apple (1/2 c)</i>	<b>Mexican Chicken Salad (2M) w/ Mixed Vegetables (1/2 c)</b> <b>WG Tortilla Chips (2 G)</b> <i>Banana (1/2 c)</i>	<b>Italian Turkey Submarine (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Berries in Parfait</i>	<b>Protein Pack: String Cheese (1MA)</b> <b>Sunflower Seeds (1MA)</b> <b>WG Wheat Crackers (1 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Apple (1/2 c)</i>
17	18	19	20	21
<b>Turkey &amp; Cheese Sandwich on WG Torta (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Orange (1/2 c)</i>	<b>Italian Turkey Submarine (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Apple (1/2 c)</i>	<b>Chicken Taco Salad (2M/A, 1 c veg)</b> <b>Nacho Chips (1 MA)</b> <i>Ranch Dressing</i> <i>Banana (1/2 c)</i>	<b>Turkey Breast sandwich on WG Roll (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>100% Fruit Juice (1/2 c)</i>	<b>Yogurt Parfait (2 MA)</b> <b>Mixed Berries (1/4 c)</b> <b>WG Honey Crackers (1 G)</b> <b>Fruitable Juice (1/2 c Veg)</b> <i>Berries in Parfait</i>
24	25	26	27	28
<b>Turkey &amp; Cheese Sandwich on WG Torta (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Orange (1/2 c)</i>	<b>Smoked Turkey &amp; Cheese Sandwich on Knot Roll (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Apple (1/2 c)</i>	<b>Southwest Chicken Salad (2M/A, 1 c veg)</b> <b>BBQ Chips (1 MA)</b> <i>Ranch Dressing</i> <i>Banana (1/2 c)</i>	<b>Italian Turkey Submarine (2 M/MA, 2 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Mayonnaise</i> <i>Berries in Parfait</i>	<b>Protein Pack: String Cheese (1MA)</b> <b>Sunflower Seeds (1MA)</b> <b>WG Wheat Crackers (1 G)</b> <b>Baby Carrots (1/2 c)</b> <i>Apple (1/2 c)</i>

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